





| WHAT | A Better Commute (formerly Workout to Work) rewards you for incorporating walking, bicycling, running, transit, or any other form of sustainable transportation into your daily routine. |
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| REWARDS | By logging your miles, you can win monthly raffles for gift cards, gear, and more. You'll also get invited to exclusive events and be eligible to earn points toward the Bike Check (formerly Bike Benefits) program. |
| ELIGIBILITY | You must be a tenant or employee of a current TMA member organization actively logging commute trips on the GoMassCommute platform. |

Helpful Note: Need to get home unexpectedly? Sign up for the Guaranteed Ride Home (GRH) Program. Through GRH, you can receive up to six free Uber rides per year. Register for this program before an emergency arises!

1. Register or Login!

To Register: Click Here for a <u>Guide on How to Register</u>
To Login: Go to the GoMassCommute link for your network.

Helpful Note:

Click for the GoMassCommute network specific links: <u>A</u>
<u>Better City TMA</u>, <u>Allston-Brighton TMA</u>, or <u>TransComm TMA</u>.

2. Track your trips!

To earn points toward A Better Commute rewards, all you need to do is log your commute trips within three weeks of taking them. All modes are eligible to accrue points for this program, though drive alone trips are worth 10 points while non-drive alone trips are worth 100 points. You can log your trips on the desktop site after logging in, or you can download the mobile app to track your trips automatically. Not sure what your commute options are? Explore them with the GoMassCommute trip planner!



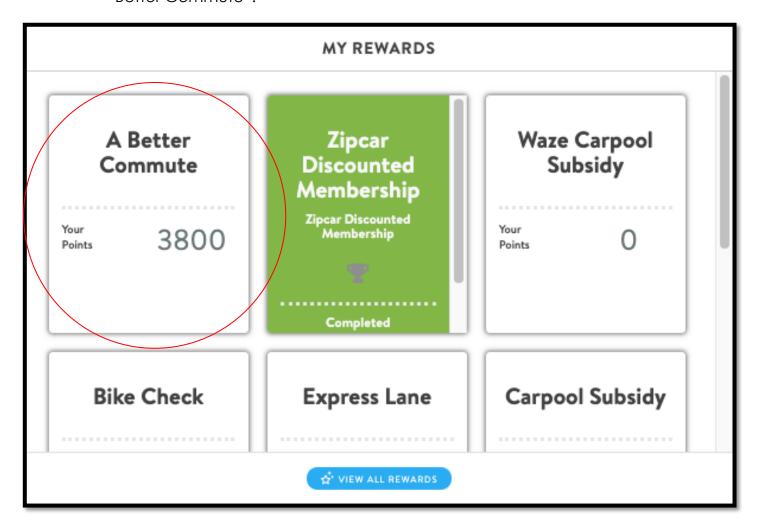




- 3. Redeem your points for rewards!
 - a. Once you're logged into your account, click "Dashboard" at the top of the screen.

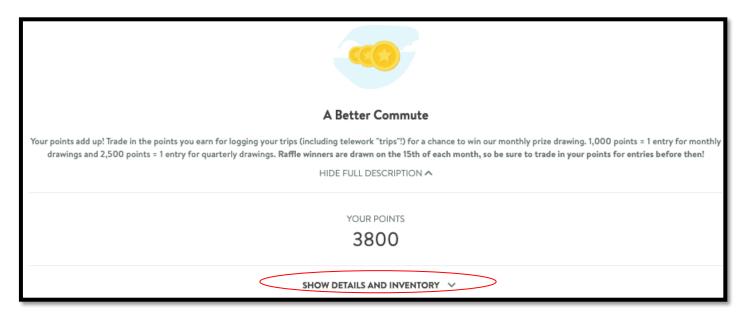


b. Scroll to the bottom of the page. Under "My Rewards," click on "A Better Commute".





c. You will be redirected to the program description. After reviewing the full description, click "Show Details and Inventory" to select the raffle entry option that you'd like to redeem your points for.



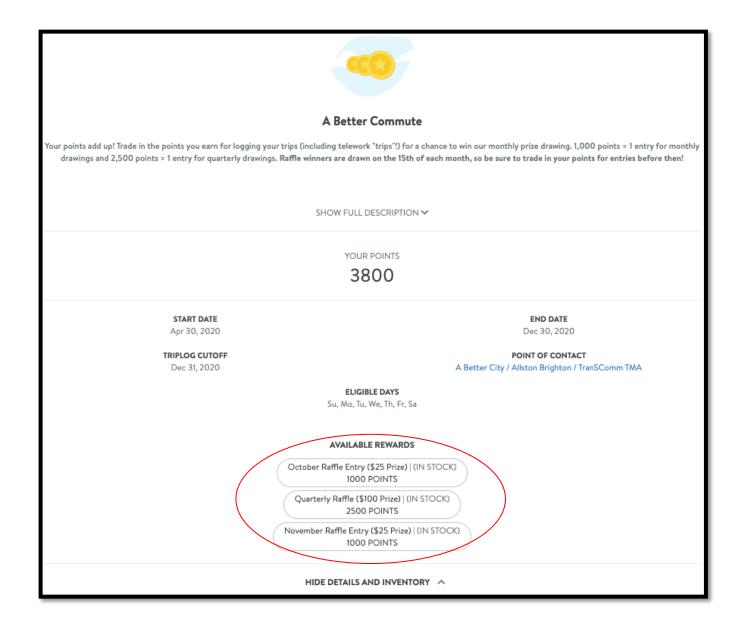
1,000 points = 1 entry for a monthly raffle (\$25 prize) 2.500 points = 1 entry for quarterly raffles (\$100 prize)

Raffle winners are drawn on the 15th of each month, so be sure to trade in your points for entries before then!









Helpful Note: Don't have enough points? Keep logging trips! Not physically traveling to work? You can log your telecommuting trips as well!

d. Raffle winners will be contacted by a member of our team within 3-5 business days of drawing. Raffle winners are also announced in <u>our</u> newsletter each month.